

# THE ORTHOPAEDIC FORUM

## Open Tibial Shaft Fractures

### Treatment Patterns in Latin America

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**Background:** Open tibial shaft fractures are an important source of disability in Latin America. High-income countries (HICs) worldwide have established standardized treatment protocols for open tibial fractures, but less is known about their treatment in middle-income countries (MICs) in Latin America. This survey of Latin American orthopaedic surgeons characterizes open tibial fracture treatment patterns.

**Methods:** Orthopaedic surgeons from 20 national orthopaedic societies throughout Latin America completed an online survey assessing their treatment of open tibial fractures. Demographic information was collected. Treatment patterns were queried according to 2 groupings of Gustilo-Anderson (GA) fracture types: treatment of type-I and type-II fractures (GA-I/II) and treatment of type-III fractures (GA-III). Treatment patterns were evaluated across 4 domains: antibiotic prophylaxis, irrigation and debridement, fracture stabilization, and wound management. Summary statistics were reported; analysis was performed using the Fisher exact test ( $p < 0.05$ ).

**Results:** There were 616 survey participants from 20 Latin American countries (4 HICs and 16 MICs). Initial external fixation followed by staged internal fixation was preferred for GA-I/II (51.0%) and GA-III fractures (86.0%). Nearly one-third (31.5%) of GA-III fractures did not receive a soft-tissue coverage procedure. Stratifying by country socioeconomic status, surgeons in MICs more commonly utilized delayed internal fixation for GA-I/II (53.3% versus 22.0%,  $p < 0.001$ ) and GA-III fractures (94.0% versus 80.4%,  $p = 0.002$ ). Surgeons in MICs more commonly used primary closure for GA-I/II (88.9% versus 62.8%,  $p < 0.001$ ) and GA-III fractures (32.6% versus 9.8%,  $p < 0.001$ ).

**Conclusions:** This survey reports Latin American orthopaedic surgeons' treatment patterns for open tibial shaft fractures. Surgeons in MICs reported higher delayed internal fixation use for all fracture types, while surgeons in HICs more routinely avoid primary closure. Soft-tissue coverage procedures are not performed in nearly one-third of GA-III fractures because of a lack of operative personnel and training.

\*A list of the ACTUAR Open Tibia Study Group members is included as a note at the end of the article.

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Musculoskeletal injuries contribute substantially to global disease burden, and open tibial fractures are a leading cause of morbidity<sup>1</sup>. Moreover, more than 90% of injury-related deaths occur in low and middle-income countries (LMICs)<sup>1,2</sup>. Latin America has a rising open tibial fracture burden due to road traffic accidents, with as many as 50,000 open fractures per year in some countries and complication rates as high as 20%<sup>3,4</sup>. Yet, little remains known regarding the true burden or treatment of these injuries in Latin America<sup>5-7</sup>.

Open tibial fractures are traumatic injuries that require emergency orthopaedic treatment. The standard of care for open tibial shaft fractures includes early prophylactic antibiotics, surgical wound debridement, and fracture stabilization, all of which play a critical role in reducing long-term morbidity<sup>6-11</sup>. However, nationally recognized best practices and treatment patterns for open tibial shaft fractures across Latin America are less documented. A recent study found that 26% to 50% of middle-income countries (MICs) worldwide had formalized guidelines for open fracture treatment<sup>12</sup>, but few Latin American countries had available guidelines<sup>13-16</sup>. While factors such

as access to resources and the type of health-care system can determine treatment patterns, it is challenging to address orthopaedic care gaps without understanding current treatment patterns and how such preferences differ among the countries surveyed. Therefore, this study aims to provide insight into the treatment of open tibial shaft fractures in Latin America.

## Materials and Methods

### Survey Design and Distribution

We performed a cross-sectional survey of orthopaedic surgeons practicing in Latin America. We utilized a convenience sampling method of members of an academic orthopaedic research consortium<sup>17</sup> and members of Latin American orthopaedic societies. Institutional review board approval was obtained from the primary study institution.

The survey assessed surgeons' treatment preferences for open tibial fractures. Survey questions were developed based on the existing literature, with input from 3 United States fellowship-trained orthopaedic trauma surgeons and 3 Latin American orthopaedic surgeons. The English survey



Fig. 1

Map of survey respondents by country, demonstrating high-income and middle-income Latin American countries. (MICs include lower-middle-income and upper-middle-income countries; 13 respondents did not identify their country).

TABLE I Demographic Data

Characteristic	Total (N = 616)*
Sex (male)	565 (91.7)
World Bank profile	
High-income country	51 (8.5)
Middle-income country†	552 (91.5)
Practice environment	
Academic	35 (5.7)
Private practice	106 (17.4)
Public	89 (14.6)
Multiple	380 (62.3)
Practice location	
Urban (city)	588 (96.1)
Suburban	19 (3.1)
Rural	5 (0.8)
Years in practice	
0 to 5	112 (19.6)
6 to 10	121 (21.2)
11 to 15	87 (14.1)
16 to 20	77 (13.5)
>20	174 (30.5)
Fellowship in musculoskeletal trauma	
Yes	230 (37.6)
No	382 (62.4)
Number of open tibial fractures treated each year	
0 to 10	217 (36.2)
11 to 20	176 (29.4)
21 to 30	93 (15.5)
31 to 40	30 (5.0)
41 to 50	32 (5.3)
>50	51 (8.5)
Percentage of fractures presenting within 24 hours of injury	
<10%	71 (11.6)
10% to 25%	61 (10.0)
25% to 50%	71 (11.6)
50% to 75%	95 (15.5)
75% to 90%	133 (21.7)
>90%	181 (29.6)
Institution has a formal open fracture treatment protocol	
Yes	163 (26.5)
No	451 (73.5)

\*Various data were not reported by all respondents. All data are frequency of response: number (%). †Includes countries defined as upper-middle and lower-middle income countries.

was translated into Spanish by 2 bilingual Latin American orthopaedic trauma surgeons. Subsequently, the Spanish survey was reviewed after translation back into English and distributed to the authorship group for final review. The survey included demographic information about the treating surgeon and his or her practice, including sex, country, practice environment, and number of open tibial fractures that are treated per year. Open tibial fracture treatment was queried according to 2 groupings determined by the Gustilo-Anderson (GA) classification<sup>18</sup>: the first group included treatment of type-I and type-II fractures (GA-I/II), and the second group included treatment of type-III fractures (GA-III). The survey queried responses relating to 4 open fracture treatment domains: antibiotic prophylaxis, irrigation and debridement, fracture stabilization, and wound management (see Appendix).

To reach respondents, at least 1 board member of each Latin American orthopaedic society was contacted to request assistance with survey distribution to the members of his or her respective organization. In order to increase survey response, it was requested that board and society members distribute the survey to local orthopaedic surgeons who treat open fractures. In order to avoid duplicate responses and to make them identifiable, respondents provided their name and hospital. Additionally, each orthopaedic society reported if society or national guidelines exist for open fracture treatment. Follow-up emails were sent at 2-month intervals, and the survey was closed after 10 months. Responses were collected utilizing Research Electronic Data Capture (REDCap)<sup>19</sup>.

### Statistical Methods

Summary statistics were calculated, and responses were categorized according to World Bank data regarding country income status as either high-income countries (HICs) or MICs, where MICs include both upper-middle-income and lower-middle-income countries<sup>20</sup>. At the time of the writing of this paper, no Latin American country represented in this survey was classified as a low-income country. Comparisons among groups were performed using 2-tailed Fisher exact tests with  $\alpha = 0.05$  as the significance level. All analyses were performed using STATA SE version 15 (StataCorp).

### Results

There were 616 survey participants from 20 countries (4 HICs and 16 MICs; Fig. 1), with the majority from MICs (91.5%). The majority of respondents were men (91.7%), practiced in an urban setting (96.1%), and had not completed musculoskeletal trauma fellowships (62.4%) (Table I). Just over one-quarter (26.5%) stated that their institution has a formalized open tibial fracture treatment protocol. Of the 20 orthopaedic societies, 6 (30%) stated that either societal or national open tibial fracture treatment guidelines exist, while 14 (70%) either stated that no guidelines exist or did not respond (Table II). More than half of respondents treated >10 open tibial fractures per year. One-third reported that the majority of patients with

TABLE II Latin American National Orthopaedic Societies \*

National Society	Country	Reported Membership Count	Estimated Survey Distribution	Surveys Completed
Asociación Argentina del Trauma Ortopédico (AATO)	Argentina	500	500	46
Sociedad Boliviana de Ortopedia y Traumatología (SBOLOT)	Bolivia	NR	NR	3
Sociedade Brasileira de Trauma Ortopédico (SBTO)/Sociedade Brasileira Ortopedia e Traumatología (SBOT)	Brazil	470/15,000	470/1,500	45
Sociedad Chilena de Ortopedia y Traumatología (SCHOT)	Chile	74	74	7
Sociedad Colombiana de Cirugía Ortopédica y Traumatología (SCCOT)	Colombia	1,411	1,411	62
Asociación Costarricense de Ortopedia y Traumatología (ACOT)	Costa Rica	85 <sup>39</sup>	NR	7
Sociedad Cubana de Ortopedia y Traumatología (SCOT)	Cuba	2,284	1,142	10
Sociedad Dominicana de Ortopedia y Traumatología (SDOT)	Dominican Republic	703	21	14
Sociedad Ecuatoriana de Ortopedia y Traumatología (SEOT)	Ecuador	500	500	23
Asociación Salvadoreña de Ortopedia y Traumatología (ASOT)	El Salvador	55	55	12
Asociación Guatemalteca de Ortopedia y Traumatología (AGOT)	Guatemala	1,200	1,200	4
Asociación de Cirugía Ortopédica y Traumatología de Honduras (ACOTH)	Honduras	135	135	1
Federación Mexicana de Colegios de Ortopedia y Traumatología (FEMECOT)	Mexico	3,100	3,100	205
Asociación Nicaraguense de Ortopedia y Traumatología (ANOT)	Nicaragua	230	230	39
Sociedad Panameña de Ortopedia y Traumatología (SPOT)	Panama	180	180	10
Sociedad Paraguaya de Ortopedia y Traumatología (SPOT)	Paraguay	250	60	53
Sociedad Peruana de Ortopedia y Traumatología (SPOT)	Peru	500	400	9
Sociedad Puertorriqueña de Ortopedia y Traumatología (SPOT)	Puerto Rico	144 <sup>40</sup>	NR	1
Sociedad de Ortopedia y Traumatología del Uruguay (SOTU)	Uruguay	358	358	33
Sociedad Venezolana de Cirugía Ortopédica y Traumatología (SVCOT)	Venezuela	2,003	1,200	19

\*NR = not reported. Various data were not reported by all respondents.

open tibial fractures at their hospital present at >24 hours after injury.

Regarding antibiotic prophylaxis, 92.6% reported administering intravenous antibiotics alone for patients with GA-I/II fractures, while 21.7% administered local antibiotics with intravenous antibiotics for GA-III fractures (Table III). The majority of respondents felt that the optimal time for

antibiotic delivery is within 3 hours of hospital arrival for GA-I/II (89.0%) and GA-III (93.4%) fractures. However, respondents frequently encountered delays in antibiotic administration, with about one-third stating that antibiotics are typically delivered at >3 hours after patient arrival for GA-I/II (34.6%) and GA-III (31.5%) fractures. For GA-I/II fractures, most respondents administer first-generation cephalosporins alone (64.5%),

**TABLE III Treatment Decisions by Domains of Open Fracture Management: Antibiotic Prophylaxis and Irrigation and Debridement\***

	Gustilo-Anderson Type I or II	Gustilo-Anderson Type III
<b>Antibiotic prophylaxis</b>		
Route of antibiotic administration		
Intravenous only	560 (92.6)	468 (76.6)
Local antibiotics only	1 (0.2)	8 (1.3)
Intravenous with local antibiotics	44 (7.3)	132 (21.7)
Optimum time to antibiotic delivery		
<3 hours	544 (89.0)	570 (93.4)
3 to 6 hours	60 (9.8)	30 (4.9)
6 to 24 hours	6 (1.0)	8 (1.3)
>24 hours	1 (0.2)	2 (0.3)
Actual average time to antibiotic delivery		
<3 hours	399 (65.4)	417 (68.5)
3 to 6 hours	152 (24.9)	139 (22.8)
6 to 24 hours	57 (9.3)	50 (8.2)
>24 hours	2 (0.3)	3 (0.5)
Antibiotic regimen†		
First-generation cephalosporin	466 (64.5)	324 (31.8)
Third-generation cephalosporin	107 (14.8)	204 (20.0)
Aminoglycoside	106 (14.7)	324 (31.8)
Penicillin	23 (3.2)	51 (5.0)
Vancomycin	5 (0.7)	22 (2.2)
Piperacillin/tazobactam	1 (0.1)	3 (0.3)
Metronidazole	14 (1.9)	92 (9.0)
<b>Irrigation and debridement</b>		
Optimum time to definitive operative debridement		
<6 hours	484 (79.1)	554 (90.5)
6 to 24 hours	103 (16.8)	43 (7.0)
24 to 48 hours	3 (0.5)	8 (1.3)
Time to debridement is unimportant	22 (3.6)	7 (1.1)
Actual average time to definitive operative debridement		
<6 hours	239 (39.1)	290 (47.4)
6 to 24 hours	330 (53.9)	286 (46.7)
24 to 48 hours	31 (5.1)	23 (3.8)
>48 hours	12 (2.0)	13 (2.1)
Reason for delayed debridement		
Surgeon choice/preference	15 (2.5)	13 (2.2)
Lack of available operative personnel or space	296 (50.3)	301 (51.1)
Patient cannot afford expenses	39 (6.6)	35 (5.9)
Lack of necessary equipment/implants	36 (6.1)	46 (7.8)
Delayed patient arrival	203 (34.5)	194 (32.9)

\*All data are frequency of response: number (%). Various data were not reported by all respondents. †Multiple responses could be selected for the antibiotic regimen.

with some respondents adding third-generation cephalosporins (14.8%) or aminoglycosides (14.7%). The antibiotic administered to patients with GA-III fractures was variable, with first-generation cephalosporins (30.7%) and aminoglycosides (30.7%) most commonly reported.

Regarding irrigation and debridement, the majority felt that optimal definitive operative debridement should occur within 6 hours of presentation for GA-I/II (79.1%) and GA-III (90.5%) fractures (Table III). However, the reported time to operative debridement in practice differed considerably from the optimal

TABLE IV Treatment Decisions by Domains of Open Fracture Management: Fracture Stabilization and Wound Management\*

	Gustilo-Anderson Type I or II	Gustilo-Anderson Type III	All Fracture Types
Fracture stabilization			
Treatment method			
Primary internal fixation	291 (47.7)	40 (6.6)	
Delayed internal fixation	311 (51.0)	524 (86.0)	
Definitive external fixation	6 (1.0)	45 (7.4)	
Definitive cast or splint	2 (0.3)	0	
Primary method of internal fixation			
Locking plate	38 (6.3)	68 (12.1)	
Nonlocking plate	37 (6.2)	20 (3.6)	
Unreamed intramedullary nail	262 (43.7)	228 (40.6)	
Reamed intramedullary nail	263 (43.8)	246 (43.8)	
Primary reason for using delayed internal fixation			
Infection risk	183 (59.2)	417 (79.9)	
Cost of implants	61 (19.7)	47 (9.0)	
Training/level of comfort	14 (4.5)	19 (3.6)	
Other	51 (16.5)	39 (7.5)	
Wound management			
Time of wound closure			
Primary closure at time of definitive fixation	534 (87.5)	184 (30.2)	
Delayed closure	76 (12.5)	425 (69.8)	
Surgical specialty responsible for the majority of flap procedures			
Orthopaedics			108 (18.4)
Plastic surgery			428 (72.9)
General surgery			3 (0.5)
Orthopaedics and plastic surgery			48 (8.2)
The majority of Gustilo-Anderson type-IIIB fractures are treated with flap procedures			
Yes			417 (68.5)
No			192 (31.5)
Reason for not using flap procedures in your hospital			
Surgeon training level/comfort		-	54 (23.7)
Surgeon preference		-	30 (13.2)
Lack of available operative personnel or space			22 (9.6)
Patient cannot afford expenses			10 (4.4)
Lack of necessary equipment/implants			17 (7.5)
Lack of plastic surgeons			95 (41.7)
Treatment used when wound cannot be closed primarily			
Negative-pressure wound therapy			331 (57.8)
Saline-solution-soaked dressings			226 (39.4)
Antibiotic bead pouch			16 (2.8)

\*All data are frequency of response: number (%). Various data were not reported by all respondents.

time, with approximately half of GA-I/II (53.9%) and GA-III (46.7%) fractures reportedly treated between 6 and 24 hours after presentation to the hospital. Respondents most commonly cited a lack of available operative personnel or space and delayed patient arrival as the reasons for delayed definitive debridement.

Initial external fixation followed by staged internal fixation was most commonly reported for GA-I/II (51%) and GA-III (86%) fractures (Table IV). Definitive external fixation was infrequently reported, but more often for GA-III (7.4%) than GA-I/II fractures (1.0%). When performing internal fixation,



TABLE V Comparison of Treatment Preference by HIC Versus MIC\*

	Gustilo-Anderson Type I or II		P Value*	Gustilo-Anderson Type III		P Value
	HIC (N = 51)	MIC (N = 552)		HIC (N = 51)	MIC (N = 552)	
Average time to antibiotic delivery						0.059
<3 hours	41 (80.4)	350 (63.4)	0.014	41 (80.4)	368 (66.7)	
>3 hours	10 (19.6)	202 (36.6)		10 (19.6)	184 (33.3)	
Average time to operative debridement						0.062
<24 hours	50 (98.0)	508 (92.0)	0.244	51 (100.0)	513 (93.4)	
>24 hours	1 (2.0)	41 (7.4)		0 (0.0)	36 (6.6)	
Utilize primary versus delayed internal fixation						0.002
Primary	39 (78.0)	247 (44.7)	<0.001	10 (19.6)	30 (6.0)	
Delayed	11 (22.0)	294 (53.3)		41 (80.4)	474 (94.0)	
Utilize primary versus delayed closure						<0.001
Primary	32 (62.8)	491 (88.9)	<0.001	5 (9.8)	178 (32.6)	
Delayed	19 (37.3)	56 (10.1)		46 (90.2)	368 (67.4)	
Use soft-tissue coverage procedures for Gustilo-Anderson type-IIIB fractures						0.270
Yes				39 (76.5)	374 (68.5)	
No				12 (23.5)	172 (31.5)	

\*All data are frequency of response: number (%). Various data were not reported by all respondents. All tests of significance were completed with the Fisher exact test ( $\alpha = 0.05$ ). HIC = high-income country, and MIC = middle-income country.

intramedullary nailing was the preferred strategy for GA-I/II (87.5%) and GA-III fractures (84.4%). The most commonly cited reason for delayed internal fixation for all fracture types was infection risk.

Regarding wound management, most reported primary closure for GA-I/II fractures (87.5%) and delayed closure for GA-III fractures (69.8%) (Table IV). However, nearly one-third did not use soft-tissue coverage procedures to treat GA-IIIB fractures. The most commonly cited reasons for not using these procedures included lack of plastic surgeons, surgeon preference, and surgeon training level. When primary closure was not possible, the majority reported using negative-pressure wound therapy (57.8%) or saline-solution-soaked dressings (39.4%).

When comparing respondents from MICs with those from HICs, surgeons from MICs more frequently reported time to antibiotic administration as >3 hours after patient presentation than surgeons from HICs for GA-I/II (36.6% versus 19.6%,  $p = 0.014$ ) and GA-III (33.3% versus 19.6%,  $p = 0.059$ ) fractures (Table V). Furthermore, surgeons from MICs reported utilizing delayed internal fixation more commonly for GA-I/II (53.3% versus 22.0%,  $p < 0.001$ ) and GA-III (94.0% versus 80.4%,  $p = 0.002$ ) fractures. Surgeons from MICs also more commonly reported attempting primary closure for GA-I/II (88.9% versus 62.8%,  $p < 0.001$ ) and GA-III (32.6% versus 9.8%,  $p < 0.001$ ) fractures. Finally, when comparing by surgeons' years in practice, there was decreased primary closure use for GA-III fractures with increasing practice years (0 to 5

years, 38.2%; 6 to 10 years, 35.0%; 11 to 15 years, 32.2%; 16 to 20 years, 27.6%; and >20 years, 21.4%;  $p = 0.020$ ).

## Discussion

To our knowledge, this cross-sectional study is the first to examine the preferred open tibial fracture treatment methodology in a cohort of Latin American orthopaedic surgeons. We have identified differences in treatment patterns among Latin American HICs and MICs, particularly pertaining to antibiotic prophylaxis, fracture stabilization, and wound coverage. Furthermore, we have identified potentially modifiable factors that may be addressed to improve open fracture treatment.

This study's strength is in the novelty of the data that are included and the diversity of the countries that are represented, particularly given its focus on a world region where collaborative and multicenter studies are limited<sup>17,21</sup>. The results are consistent with previous studies. In an international survey that included orthopaedic surgeons from each continent, Bhandari et al. queried tibial shaft fracture treatment; among 444 respondents, they found that internal fixation is commonly used across open fracture types (type I, 95.5%; type II, 88.1%; and type IIIA, 67.6%)<sup>22</sup>. They did not, however, distinguish between index internal fixation and external fixation followed by delayed internal fixation, or evaluate the reasons for the potential treatment differences. Furthermore, the majority of the respondents were from North America (51.7%), with only 65 responses (14.6%) from South America. A Canadian survey with 268

respondents found that 83% of respondents preferred to use intramedullary nailing for all open tibial fractures, but they did not distinguish implant choice by open fracture type or the choice between primary and delayed internal fixation<sup>23</sup>. Studies specific to Latin America are composed of small analyses from single institutions. A study from Guanajuato, Mexico, prospectively recorded the frequency and fracture type encountered over 1 year at their institution, in which they reported 66 open tibial fractures<sup>24</sup>. A similar study from Mexico City reviewed case logs over 4 years and identified 82 tibial fractures but did not specify whether they were open or closed<sup>25</sup>. Furthermore, neither study noted treatment protocols or fracture stabilization strategies. Thus, our study provides novel insights into the current standards of care in Latin America. These results highlight a need for the development of treatment guidelines at an orthopaedic society or national level. These guidelines should be specific for patients who present acutely and for those who present in a delayed manner. The guidelines developed by organizations such as the American Academy of Orthopaedic Surgeons or the Orthopaedic Trauma Association may not be generalizable to Latin American countries because of the high delayed patient presentation rate. Globally, there are few countries that have developed formal treatment guidelines for these injuries<sup>12</sup>.

These data may provide an opportunity for the standardization and modernization of treatment protocols in Latin America. Based on data primarily from resource-rich settings, primary intramedullary nailing is the preferred management for low-energy and some high-energy open tibial shaft fractures<sup>26-28</sup>. Some meta-analyses have corroborated this treatment preference<sup>29,30</sup>. However, our study demonstrated a high delayed internal fixation rate, particularly among MICs. This could be due to a number of factors, including surgeon education, resource limitations, patient factors, or concern that the local environment differs from resource-rich environments.

For example, one-third of respondents in this study indicated that the majority of patients at their institution presented to the hospital at >24 hours after injury, which increases infection risk. Respondents reported that their primary reason for using delayed internal fixation was infection risk. These findings are consistent with the previous open tibial fracture literature from Latin America. One Brazilian study found that 44% of patients with open tibial fractures were treated at >24 hours after injury, which they attributed to late presentation, lack of hospital beds, extended transport time, and operating room unavailability<sup>31</sup>. A study in Mexico found that 80% of their cohort was treated with delayed internal fixation, commonly because of fracture severity or lack of implant availability at the initial debridement<sup>32</sup>. Additional studies are needed to explore the rationale for performing delayed internal fixation for open tibial fractures and to find solutions to reduce delayed presentation. There has been a notable lack of pre-hospital care and resource availability in non-trauma-designated hospitals in Latin American LMICs, and recent evidence suggests that the adoption of well-coordinated trauma systems is critical for improving musculoskeletal trauma care, including

open fractures<sup>12</sup>. Indeed, the most recent edition of *Essential Surgery: Disease Control Priorities* from the World Bank Group has incorporated open fracture care into its essential trauma care guidelines for primary level hospitals<sup>33</sup>. Furthermore, training rural surgeons in basic open fracture care, as is being done by Mexican and Argentinian national orthopaedic societies, and developing guidelines for acute and delayed open fracture presentation may address the issue of delayed care.

Finally, our study found higher delayed closure rates among Latin American respondents from HICs and similar primary closure rates among Latin American respondents from MICs as compared with recent North American studies. A study of 119 open fractures at a single institution in the United States found that primary closure was frequently used for type-I (88%), type-II (86%), and type-III (75%) fractures<sup>34</sup>. In 2 separate Canadian studies, the overall primary closure rate for type-I to type-III open tibial fractures was 70% and 77%, respectively, and the majority of type-I (92% and 93%, respectively) and type-II (79% and 95%, respectively) fractures in each study were closed primarily<sup>35,36</sup>. Finally, in a 2007 survey of current open fracture teaching among United States orthopaedic residencies, respondents frequently utilized primary closure for type-I (88%) and type-II (86%) fractures<sup>37</sup>. However, the higher delayed closure rate among Latin American respondents from HICs may be due to increased delays in patient presentation to the hospital as compared with the United States and Canada. Thus, direct comparisons of our data to HIC data from other countries may be difficult. Further work is necessary to explore this issue. Additionally, the higher primary closure rate among surgeons in Latin American MICs compared with HICs may be because of concern about their ability to return to the operating room due to the lack of personnel, operating room capacity, or patient ability to pay. Thus, rather than performing multiple take-back operations, they may opt to primarily close wounds at the initial debridement and fracture stabilization.

Our study demonstrated that soft-tissue flap procedures are not performed in nearly one-third of GA-IIIB tibial fractures, a finding that was evident among surgeons in MICs. This likely represents limited access to plastic surgeons, as 40% of respondents attributed lack of flap coverage to lack of access to plastic surgeons and 23% cited their own training level or comfort with flap procedures. These findings support the investment into increasing plastic surgery capacity or training orthopaedic surgeons to perform flap procedures to address this treatment gap<sup>38</sup>.


While this study provides novel insight into open tibial fracture treatment by Latin American orthopaedic surgeons, it has several limitations. We were unable to obtain a response rate for this survey given how it was distributed to orthopaedic societies, the ACTUAR Open Tibia Study Group network<sup>17</sup>, and Latin American orthopaedic surgeons. We sought to maximize responses by encouraging respondents to distribute the survey to their colleagues and encouraging orthopaedic societies to distribute the survey to their membership roster. Members of the boards of directors or their delegates were responsible for



survey distribution. Some individuals distributed the survey to their membership roster, while others distributed the survey within their organization to a targeted audience of orthopaedic trauma surgeons known to treat open tibial fractures. We attempted to determine survey penetrance and provide contextual evidence for the number of orthopaedic surgeons in each country by retrieving data regarding the number of practicing orthopaedic surgeons in each society and an estimate of the number of surgeons who received the survey. However, we were ultimately unable to determine if a survey was received by society members. Furthermore, given the chain-referral sampling methodology and the possibility that individuals providing surveys may have been contacted outside of a national society, we were unable to accurately calculate response rate. Nonetheless, the number of respondents to this survey is small relative to the number of practicing orthopaedic surgeons in Latin America. Therefore, the results may not be generalizable. We also recognize that the majority of respondents were urban surgeons. It is possible that urban surgeons were more likely to receive or complete the survey, or a disproportionate concentration of orthopaedic surgeons in urban Latin America may be reflected. While the treatment protocols assessed in this survey are based on the available literature and the input of subject matter experts, the survey that we used is not validated, and psychometric properties such as the Cronbach alpha and eigenvalues are unknown as they were not assessed during survey piloting.

To our knowledge, this study is the first to date describing open tibial fracture treatment patterns by orthopaedic surgeons across Latin America. We determined that there are significant differences pertaining to fracture stabilization and wound management among Latin American HICs and MICs. Future research is needed to clarify the reasons for these discrepancies and to establish setting-specific guidelines.

## Appendix

 Supporting material provided by the authors is posted with the online version of this article as a data supplement at [jbjs.org \(http://links.lww.com/JBJS/G101\)](http://links.lww.com/JBJS/G101). ■

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